



Oxford Health
NHS Foundation Trust



Oxfordshire Community Mental Health Framework



City of Portland
Mental Health Service

KEYSTONE

MENTAL HEALTH & WELLBEING HUBS

The Keystone Mental Health and Wellbeing Hubs

Vision

To provide integrated, multi-agency care to adults with complex and serious mental illness in a way which is **proactive, personalised** & considers the needs of patients.

A service which works **collaboratively with primary care** and draws upon the **expertise** and **assets of the community** to enable effective, **accessible care & communication** across the whole system.



Co produced with patients, experts by experience

Principles for Delivery

No wrong front Door

Care Organised around communities, addressing inequalities and social determinants of serious mental illness

Co-Production

An evidence Based holistic partnership approach reducing unnecessary duplication or escalation

No artificial thresholds between Primary and Secondary care.

Specific focus on pathways for those with Eating Disorders, Personality Disorder and Complex psychosis

Reducing stigma

Fully integrated mental health provision at local level, tailored to people experiencing SMI & the health & wellbeing needs of the local community

Current Situation and Plans

In Place/ Ongoing

- 2 Keystone MH and Wellbeing Hubs in place – Banbury & Abingdon
- 5 PCMHTs fully functioning – Abingdon, Banbury, Blackbird Leys/ City East, North City and NE Oxon and Wantage/ Didcot/ Farringdon (last 2 went live 4/9/2023)
- Coproduction
- Personality Disorder pathway signed off
- Forming relationships with those communities MH services have traditionally failed
- Partnership with Sport in Mind to increase provision across Oxon.
- Partnership with Bipolar UK to run self-management courses for those with bipolar across Oxon and ongoing Peer support groups.
- Partnership with Age UK and Connections to provide support, education, advice to older people with SMI and their families and carers.
- Development of Patient information app – a one stop shop for people to learn more about MH conditions, access and signposting to 'safe' self-help, as well as local events which support mental health and well being

In development

- City Central PCMHT to go live in October 2023. Witne and Wallingford/ Henley/ Thame teams to go live by January 2024
- Eating Disorder and Complex psychosis pathways
- 3 further sites for Keystone Hubs identified and being developed in Wantage and Cowley Rd (this will house both the City central & Bbleys/ East oxford PCMHTs)
- Referral app to allow both professional and self-referrals which will gather the information to make informed clinical triage decisions
- Offer to social enterprises to use the 'front of house' space in the Hubs
- Use of the group room space in the Hub to local community groups, voluntary sector and statutory organisations to see people around issues which impact on MH

Thank You

Any Questions?